



# Vancouver FIREFIGHTER CHARITIES

Be Brave - Help Others



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## Executive Director's Report

Eric Himmelman - eric@vanfirecharities.com

Impact is measured differently across organizations. At Vancouver Firefighter Charities (VFC), we could quantify it through fundraising totals or volunteer hours. But at its core, impact for VFC comes down to one simple question: How many lives did we touch? As demand for our community-based programs reaches an all-time high, Vancouver firefighters continue to go above and beyond—working tirelessly to expand our reach, support as many people as possible, and create meaningful change in our community.

Reflecting on 2024, I am continually humbled and inspired by the sheer magnitude of support our members provided through their incredible work with VFC. Their dedication to improving the lives of vulnerable people in Vancouver is reflected in the **5,000+ hours of off-duty time they collectively dedicated** to delivering our core community programs. These programs—created, funded, and delivered by our members—continue to grow in both size and scope, reaching more people than ever before:

- Snacks for Kids experienced a major surge in demand, with an additional 23 schools asking for support for 4,000 food insecure children. **Snacks For Kids now provides daily nutritional support to over 10,000 food-insecure youth across 93 Vancouver schools.**

- **Toys for Kids had its most impactful year yet**, delivering a record 1,300 gifts to families in Vancouver and contributing \$150,000 in additional support to the Lower Mainland Christmas Bureau.

- **Lifelines for Seniors restored independence to multiple seniors** recently discharged from the hospital by installing life-saving fall detection equipment in their homes.

- **Sports For Kids sent dozens of children to an outdoor education camp**, helping to build resilience and self-esteem while investing in the future leaders of our community.

**Our programming continues get broad uptake from the community**, which is a testament to their effectiveness, but also a reflection of the ongoing challenges our community is facing. As demand continues to grow we increasingly need to direct our collective energy to fundraising to ensure we can meet that need.

Our payroll donation program provides a vital baseline of funding, however we are acutely aware that community support is critical in ensuring that our programming remains effective. In 2024, this was more apparent than ever. **Our signature fundraising initiative, Fire in Your Kitchen, continued to elevate its game**, delivering premium dining experiences while raising critical funds for VFC. But with demand at an all-time high, we knew we had to expand our reach, share our message, and find new partners to help sustain our programs.

We are incredibly grateful that Vancouver responded. **Thanks to the generosity of our community and the hard work of our members, we raised a record \$1.1 million in 2024**—the highest amount ever raised in a single calendar year for VFC.

To everyone who stood beside us, believed in our mission, and supported us—thank you.

**As an organization run 100% by off-duty firefighters our superpower is our collective drive and determination**, which we wield to ensure our programs always have the resources they need. This record fundraising total is not only a testament to the generosity of our community but a reflection of the incredible work of our members, who worked tirelessly to get our message out.

**With regard to our members, I want to extend my deepest gratitude to all the men and women of the VFC who are the driving force behind everything we do.** Thank you for your energy, passion, and ongoing commitment to helping vulnerable members of our community through our programs and fundraising initiatives. Every one of you is a shining example of the spirit of service that lies at the heart of being a firefighter. It is both a privilege and an honor to serve in my role, and the dedication you all bring to this organization makes my job truly rewarding. Thank you for everything you do.

Looking ahead to 2025, the VFC remains committed to growing our impact, expanding our reach, and ensuring that no one in our community is left behind. Thank you for being part of this journey with us.

Sincerely,

Eric Himmelman  
Executive Director  
Vancouver Firefighter Charities



## A Record Breaking Year!

Jamie Olson - jamie@vanfirecharities.com

Michelle Lehwald - michelle@vanfirecharities.com

Steph Drost - stephaniedrost@vanfirecharities.com

### A Year of Unprecedented Success

The Toys for Kids program reached new heights in 2024, achieving the incredible milestone of \$226,299.64 in toy donations and bringing Christmas joy to countless local children and families in need. This monumental success would not have been possible without the generosity of individuals like Lloyd and Elsie Campbell, whose extraordinary donation of \$90,000 was pivotal in helping us reach this record-breaking total. A heartfelt thank you to the Campbells for their unwavering support.

Each year, the Toys for Kids program expands its impact within the community, thanks to the collective efforts of volunteers, donors, and local partners. In 2024, we continued our mission to assist even more families, organizing a range of fundraising events, toy drives, and vital partnerships with businesses and corporations dedicated to giving back.



## Toys For Kids Initiatives

### 5th Annual BC Lions Toy Drive

On October 20th, 2024 we kicked off our Toys For Kids giving campaign with our 5th annual BC Lions Toy Drive. 30 off-duty Vancouver Firefighters dedicated their time and energy to help raise money and collect toys to help kids in need. The community stepped up and the event raised \$12,000 in cash and toy donations. Thank you to our community partners the BC Lions and London Drugs for helping make this event a success.

### Ongoing Support from Local Businesses

We are incredibly grateful for the ongoing generosity and support of London Drugs, Sports Exchange and Sport Chek. Our community partners continue to step up and provide the conduit to much-needed toys and sports equipment that goes directly to children in need throughout the holiday season. Their support ensure that Toys For Kids reach as many families as possible each year.

### 2nd Annual WRAP DAY

In November, we completed our 2nd annual Wrap Day, where off-duty Vancouver firefighters purchased and delivered 1300 gifts to children in our community. To help identify what families would benefit from this support, Toys For Kids worked directly with the Vancouver School Board (VSB). Thank you to the VSB for their part in helping us bring holiday cheer to kids in Vancouver. A special thank you to the Pan Pacific Hotel for hosting this event and generously feeding all of our volunteers as we worked hard to support as many families in need as possible.

### Toy & Donation Drop-Off with London Drugs

On December 4, we teamed up again with London Drugs for our annual drive-thru toy and donation drop-off event. This highly successful event took place at multiple London Drugs locations, where our volunteers collected both toys and financial contributions. Thanks to the overwhelming support from the community we raised close to \$50,000 in just one day!

### Pan Pacific Christmas Wish Breakfast

The Pan Pacific Christmas Wish Breakfast, held on December 17, 2024, was an overwhelming success. The event featured a record-breaking cheque presentation of \$226,299.64 and included a festive parade with Santa. Over 150 members and their families came together to celebrate the holiday season and contribute toys for those in need. This year's breakfast saw the highest turnout we've ever experienced, with a line of supporters eager to donate toys and make a difference in the lives of children across our community.

### Gratitude and Thanks

The success of the Toys for Kids program would not be possible without the incredible dedication of our volunteers, donors, and community partners. Every hour volunteered, every toy donated, and every dollar contributed has a direct and lasting impact on families in need. We are deeply grateful for your support, and we extend our heartfelt thanks to each and every one of you who has helped make 2024 a record-breaking year.

## Payroll Donations

Sean Mercer - seanmerc@vanfirecharities.com

Since 2012 the VFC's Payroll Donation program has been the financial cornerstone of our charity. Through this program, 85% of Vancouver Firefighters generously contribute a portion of every pay cheque to help fund our initiatives. This unified support illustrates our dedication to the community and our shared belief in the VFC's programs and the positive impact they have on vulnerable people.

In 2024, not only did we as a membership dedicate over 5000 hours of our off-duty time supporting our various initiatives, through the Payroll Donation program we collectively donated over \$185,000. Since its inception this program has raised over \$1.2 million, providing critical funds that are instrumental in sustaining our programs, allowing us to make a meaningful impact year after year.

We extend our heartfelt gratitude to all participating members for their continued financial support and generosity on top of the countless hours they have spent volunteering. These contributions are vital to the success of our programs and exemplify the spirit of service that defines the Vancouver Firefighter Charities.



## Clothing Donation Bins

Vanna Dufour - vannadufour@vanfirecharities.com

Since their arrival in 2020 our clothing bins have helped divert over 2.5 million pounds of clothing from landfills. The 2.5 million pounds of clothing has helped to raise over \$400,000 which has been essential in supporting our charities programs.

In late 2024 your Vancouver Firefighter Charities rolled out new, more secure bins. The new bins are vandal proof and have whisper quiet closing mechanisms. In addition to new bins we will also be adding a few new locations in 2025. Although some of these halls were home to bins previously, we're excited to see them return. The following halls will be receiving new bins: 6, 12, 17 and 20. Once installed, In total we have bins at 11 halls throughout Vancouver. We're looking forward to 2025 and the growth of donation bin program . Additionally, we plan to partner with local schools in September to start an annual clothing drive. Keep an eye out for new and exciting events to further boost the money that the bins generate for our Snacks for Kids program.



### Fire Hall No. 4

1475 W. 10th Ave

### Fire Hall No. 9

1805 Victoria Dr.

### Fire Hall No. 14

2804 Venables St.

### Fire Hall No. 18

1375 W. 38th Ave

### Fire Hall No. 19

4396 W. 12th Ave

### Fire Hall No. 21

5425 Carnarvon St.

### Fire Hall No. 22

1005 W. 59th Ave.



## Snacks For Kids

John Ragone - johnragone@vanfirecharities.com

Emma Farrell - emmafarrell@vanfirecharities.com

Snacks for Kids entered its 12th year of operations, and this year saw a noticeable increase in food insecurity in our community. Inflation and the continual rise in the cost of living has been hitting families hard, and as firefighters in the Vancouver community, we're stepping up to help combat those hardships. This September saw some of the largest growth in demand our charity has seen to date with the Snacks for Kids program expanding service from 67 to 93 schools. These additional schools brought in roughly 4,000 new kids to our S4K program. We now serve over 10,000 kids with healthy snacks and fresh food deliveries across Vancouver schools.

With the generous support of our community and the tireless effort of our Vancouver Firefighters' membership with fundraising and bringing awareness to this program, we were able to respond to this increased need. I can't understate what an accomplishment meeting this growth is. On behalf of the kids and families who access our snacks, fresh produce, and meals every day, I want to give a heartfelt thank you to those who have contributed to this program.



## Snacks For Kids - Current Impact

- Our off-duty members have collectively made 290 school deliveries!
- 215 orders of fresh fruit and vegetables were delivered to 12 of Vancouver's most in need school communities.
- We expanded our support to 93 schools across Vancouver!
- Over 10,000 students are now accessing our healthy snacks.
- The Vancouver School Board selected 'Snacks For Kids' as their charity of choice for their annual 'VSB Gives Back Campaign'.

2024 was also a year of change internally for the Snacks for Kids Program. Eric Himmelman and Will Kuechler concluded their time as program coordinators after years of dedication to growing the program and building strong relationships with community partners to support the swelling challenge of food insecurity in Vancouver. Without their leadership and commitment to our community, Snacks for Kids would not be having the impact it has today.

I want to express a genuine thank you to the hundreds of firefighters who dedicated their time, energy, and payroll donations in support of keeping Snacks For Kids running in 2024. And finally, a massive thank you to all the external donors for their critical support.

While we are proud of the program's impact, these accomplishments are bittersweet as we are acutely aware of the ongoing challenge of food insecurity facing children in Vancouver and how much work still needs to be done. Vancouver Firefighter Charities will not give up the hard work of responding to our community's growing needs





## ALS Shoot for a Cure

Jake Gobillot - jake@vanfirecharities.com

Bobby Tammen - bobby@vanfirecharities.com

For the past 22 years, the Vancouver Firefighter Charities have been proud to organize the ALS "Shoot for a Cure" fundraiser, an event dedicated to raising crucial funds in the hope that a cure for ALS will one day be discovered. This year, we hosted the 20th Annual ALS "Shoot for a Cure" at the Vancouver Gun Club, and we are pleased to report that the event was a tremendous success. We had 300 attendees come out in support, helping to raise a total of \$30,000 for this important cause.

Additionally, we would like to extend our heartfelt thanks to the Vancouver Firefighters Hockey Club, whose generous donation of funds raised through the annual "Gump Cup" hockey tournament raised the total contribution to \$36,000!

The ALS "Shoot for a Cure" Committee would like to express its sincere gratitude to everyone who participated in this year's event. A special thank you goes to Dylan Massey and Rob McAuley for their tireless efforts in organizing the ALS Raffle, which played a key role in raising additional funds. We are also deeply grateful to the many donors who contributed prizes for the raffle, further increasing the amount we were able to raise for ALS research.

We would like to acknowledge our major sponsors for their invaluable support:

- Vancouver Gun Club
- Italian Sporting Goods
- Reliable Gun
- Sid and Leigh Key (Ocean Trailer and Duncanby Lodge)
- Proline Sports
- Vancouver Firefighters Credit Union
- Bill Longman
- The Firefighters 314 Fraternal Benefit Society
- The Local 18 Athletic Committee

In closing, we want to extend our sincere thanks to all the volunteers, Local 18, and the Vancouver Firefighter Charities for their unwavering support. Without your dedication and hard work, this event would not have been possible.



## Fire in Your Kitchen

Matt Barber - mattbarber@vanfirecharities.com

2024 came on the heels of an incredible year of growth in 2023, and we were determined to carry that energy into the new year. Our team exceeded the expectations we set for ourselves, and it was the perfect time to set new goals. One of the core values we hold dear at Fire in the Kitchen is the sense of community that is shared around a meal. This sense of connection is built fundamentally at the kitchen table in the firehall, where we bond as brothers and sisters, laugh at ourselves, and lean on one another during difficult times. It is this unique sense of community that sets us apart and is the heart of our work as firefighters. Fire In Your Kitchen is about much more than just great food—it's about opening a window into our second family. The moments of community we share through our dinners bring us closer, fostering friendships and support. This year, our collective success was defined by that very sense of family and friendship we brought into each of our events, allowing us to continue building stronger connections within our team and with those we serve.



## Fire in Your Kitchen Special Acknowledgments

A few key milestones that defined our 2024:

- Our program membership grew to 53 members, a testament to the impact we're making.
- We provided 14 dinners that not only showcased our culinary talents but also the spirit of camaraderie we hold dear.
- We participated in 10 galas, which contributed significantly to our fundraising efforts and continued to highlight the success of the Fire In Your Kitchen program.

Thanks to the collective effort of everyone involved, we achieved a remarkable fundraising total of \$194k! This accomplishment further supports our mission and will continue to make a difference in our community. This year also brought a change in leadership. Michael Varga, a dedicated and long-time member of our team, announced his retirement. We are grateful for Michael's many hours of service and the immense impact he had in shaping the program into what it is today. With Michael's departure, the team was fortunate to transition into the capable hands of Nick Levesque, Corbin Edge, and Shea Hobbis, who have stepped up as our lead chefs to continue driving the program forward.

As we look to 2025, we are excited to continue supporting the Vancouver Firefighter Charities and the Snacks for Kids program. We are all looking forward to another year of service, community, and of course- amazing meals. We can't wait to see you at the next Fire In Your Kitchen experience!



## Hall of Flame

Ryan Bifulchi - ryan@vanfirecharities.com

Ryan Pidhirniak - ryanpidhirniak@vanfirecharities.com

Michelle Zygmunt - michellezygmunt@vanfirecharities.com

Cam Bedore - cambedore@vanfirecharities.com

Believe it or not but The Hall of Flame is in its 38th year!

The hard work and dedication of off-duty firefighters has kept this tradition alive since 1988. The Hall of Flame Calendar is our charities longest running fundraiser raising well over \$1,000,000 since its inaugural year. The legacy built from previous generations of off-duty firefighters has prevailed year in and year out to help shape our program into what it has become today. Now, because of the continued efforts of our membership, we have built deep roots within our communities and continue to make life changing impacts to individuals we serve through our programs like 'Snacks for Kids'.



## Hall of Flame: Looking to 2024

In this year's edition of the Hall of Flame Calendar we wanted to celebrate the legacy of our department and the natural beauty of Stanley Park! On day one of the photoshoot, we posed our firefighters in and around our oldest firehall; Firehall 6, which was established in 1908. For over 100 years, Firehall 6 has protected the citizens of the West End, and the classic look of the hall inspired some truly unique shots. On day two of the photoshoot, our firefighters turned tourist and explored the crown jewel of Vancouver, Stanley Park. Shooting our firefighters beneath the Brockton Point Lighthouse, with the North Shore Mountains serving as a stunning background, reminds us of how lucky we are to live in this beautiful city and to serve the citizens of Vancouver.

If you want to support us, please purchase a calendar and/or inform others why they should support us as well. You are our biggest advocates. Calendars are for sale in stores at London Drugs and online at [www.vancouverfirefighters.ca](http://www.vancouverfirefighters.ca). All proceeds go to help those most vulnerable in our communities including students in need of food security and burn survivors.

Recruitment for next year will commence in the late winter. Please contact a member of the Hall of Flame team if you are interested in participating in the 2025/26 calendar program.

Also we want to give a special shout out to our amazing citizen volunteer production team, who donate their time and their specialized skill set to make this project a success! (You can see their beautiful faces in the image below!)





# Umbrella Day

Dan Josok

Umbrella Day has been a date marked on the Vancouver Firefighter Charities calendar since 2016 as one of the VFC’s larger fundraisers for Snacks for Kids, Toys for Kids, Sports for Kids and Lifeline for Seniors. Umbrella Day runs in November with the main goal to sell VFC umbrellas to Vancouverites, preparing them for rainy Van City weather. This event also raises awareness for the exciting VFC events to come later that Fall and Winter. This year on November 8th, close to 60 Umbrella Day volunteers with the help of partnered Z95.3 raised upwards of \$24,000. Volunteers sold roughly 300 umbrellas across 5 locations in the downtown core. Umbrella Day is one of many important calendar events the Vancouver Firefighter Charitable will host to support the vulnerable communities of Vancouver, assuring the kids and youth within the Vancouver school board have access to quality food, nurturing a healthy lifestyle for years to come.



## Lifelines For Seniors

Tobin Cadell - tcaddell@vanfirecharities.com

Lifelines for Seniors began in 2015 with the goal of helping vulnerable seniors in the community by providing them with a device that allows them to feel secure and independent in their own homes. This tool is called a Lifeline. A Lifeline is a small, wearable device that gives its user the ability to call for emergency support at any given time as well as detect a possible medical emergency through fall detection.

Since the program began, Vancouver Firefighter Charities has supported several dozen seniors at any given time. The need for this program was highlighted during the pandemic, where many older adults were frightened to give up their independence and move into assisted living; or visit medical care to address concerns; as these decisions presented specific risks.

Vancouver firefighters have the unique responsibility of taking issues that we see while on duty, and finding a remedy to those issues in the community while off duty through our work with the VFC. Lifelines for Seniors is a byproduct of this process. We would often respond to seniors' home days after an incident occurred and if these patients had a device like a Lifeline, pre-hospital care could have arrived much sooner leading to improved health outcomes and preserving their quality of life.

Additionally we have found that many seniors are hesitant to acquire a Lifeline because of the monthly costs, which is why the VFC also covers all costs associated with coverage.

Through Vancouver Firefighters' contributions via the Payroll Donation Program and Mott Electric's continued support, Vancouver Firefighter Charities has committed another \$60,000 to the VGH and UBC Hospital Foundation to continue this program for five more years. This partnership empowers the Short-Term Assessment and Treatment Centre at UBC Hospital to identify seniors in need and facilitates off-duty firefighters to install Lifeline devices in these older adults' residences.

This year, as we have seen a growth in the program and a rise in seniors who are requesting lifelines, we have worked on developing a closer relationship with the Lifelines company, which has given us additional support and a wider range of products to help support the individual needs of the seniors in our community. We hope to reach more people in need of support this coming year and grow this program.

Vancouver Firefighter Charities is proud of this program's accomplishments but contends with the need for further monetary support due to the growing demand for assistance.

Unfortunately, many factors in our community are making it difficult for seniors to live out their best years. Together, let's enhance the quality of life of our seniors.

## McHappy Day

John Ragone

On May 8th, McDonald's hosted their McHappy Day to raise funds for Ronald McDonald House at Children's Hospital. And for the second year in a row, Andy and Jas Bates, owners of many of Vancouver's McDonald's restaurants, generously partnered with Vancouver Firefighter Charities and committed 50% of the proceeds raised from McHappy Day to our charities' Snacks for Kids program, an initiative that combats food insecurity in our city's youth by providing healthy snacks, fruits, and veggies to our local schools. Our off-duty firefighters joined forces with McDonald's staff at 9 locations across Vancouver to help serve customers and raise funds and awareness of our programs and Ronald McDonald House. Together, we raised \$155,382, with the Bates family donating \$77,691 to Vancouver Firefighter Charities! An incredible accomplishment by everyone who helped out that day. We are very grateful for their continued support of our charity and it's programs and for trusting us again with helping with McHappy Day 2024.



## Parq Casino Bursary

John Ragone

This year saw VFC's first Parq Vancouver Firefighter Bursary awarded to a member of the public. This Bursary in partnership with Parq Vancouver Casino and the Vancouver Firefighter Charities is a unique way to support those aspiring to join our service to Vancouver through a career in firefighting. Our goal was to select an applicant who exemplifies the high standards and commitment required to be a firefighter while also being in the process of completing the qualifications to become one.

The bursary award committee was proud to choose Juliette Busch this year. Juliette Busch is a lifelong resident of Vancouver and is a burn survivor from an incident that occurred when she was 5. In response to her experiences, she has been involved in and dedicated to multiple burn support groups and programs throughout her adult life and continues to give back to those impacted by the physical and emotional trauma of living with burn injuries. She is also involved in several other volunteer capacities with the Burn Fund and Burn Camp. As an active contributor and leader in the Vancouver community and as someone committed to the process of becoming a Firefighter with hopes of working for Vancouver one day soon, we were excited to award her the 2024 Parq Vancouver Firefighter Bursary.



## Volunteer Appreciation

in 2024 our membership collectively dedicated over 5000 off-duty hours delivering our programs and supporting people in our community. Our programs couldn't make the impact they do without our volunteers and we are incredibly thankful for their passion and commitment!



## 2024 Volunteers

Adam Bender Adam Kambeitz Adam Berger Adam Keys Adam Kolackavic Adamo Somerville Adrian Sherriff Akbal Singh Alan Makarewicz Alex Nouvelot Alex Davis Alex Reid Alex Rempé Alexander Grieve Alexander Dunse Alexander Klassen Amanda McRae Amar Bhullar Amen Sihota Amirali Tahmasebi Andrea Lashin Andrew Warn Andrew Starritt Andrew Ford Angelo Pontellini Armin Behnam Arran Scott Austin Bower Austin Dickson Baptiste Meyer Barry Bonell Boris Boskic Braden Kelly Brandon Kaye Brandon Bortignon Brandon Davies Brandon Slooyer Brandon Wilson Bree Briggs Brendan Nelson Brendan Suto Brent Wold Brett Hanley Brett Youngman Brian Phair Brian Formo Brian Wong Brock Staller Bryan Wong Bryce Wiebe Cam Bedore Carlo Bergamin Carlos Campos Carson Jones Carson Wuerch Carter Pilkington Chris Coleman Chris Burshtynski Chris Kilfoil Christian Craig Christopher Vanidouir Clement Leung Cody Sojka Cody Dunn Cole Bosma Cole Turner Coleman Chan Colton Bird Connor Griffiths Connor Llewellyn Corby Bernard Corey Edge Cory Fleck Craig Maclean Craig Pidcock Cullen Watson Dan Josok Daniel Eklund Daniel Greenberg Daniel Molendijk Dante Vignini Darryl Phillips David Vanya David Harvey David Veuger Dayne Chabot Dayton Frost Devon Caley Dino Pereira Doug Conacher Drew Duncan Duncan Rexworthy Dylan Moore Emma Farrell Eric Swantje Erin Rutherford Evan Clark Evan Lehwald Evan McKenna Fraser Thuss Friso Wassenaar Gareth Morrey-Jones Gavin Williams Gavin Kennedy Gerry Nielson Gord Ditchburn Gord Wilson Greg Clewlow Gurjit Hundal Haley Stavert Howard Wong Ian Henderson Jake Brownlie James Docherty James Kelly James Dermer Jamie Robertson Jamie Flynn Jamie Olson Jared Bergen Jas Grewal Jeff Shanahan Jeremy Filipek Jeremy Leeper Jeremy Fuller Jesse Fryer Jessica Dupont Jivan Sundram Joel Dyck John Logan John Kopchia John Goodchild John Ragone John Abbrusci John Zacharuk Jon Juvik Jordan Liang Jordan Chen Jordan Macdonell Joseph Malabuyoc Joseph Lawson Joshua Wyer Justin Rai Kalen Stewart Calvin Mann Kan Van Lare Katie Thorlakson Katrina Davison Kelly Jordan Kelsey Forsythe Kevan Ramsden Kevin Lees Kevin Horn Kim Stoliker Kit Khong Kris Mans Kris Faloon Kurt May Kurt Schwarz Kyle Cashin Kyle Lehwald Kyle Leung Kyle Miller Lee Bagarozza Liam Farrell Liam Marcoux Luke Tasker Malcolm MacRitchie Mark Shin Mark Hobbs Mark Butterworth Martyn Liggat Mary McQueen Massimo Cerantola Mathew Dee Matt Ostafiew Matt Jeffers Matt Barber Matthew Torres Matthew Lusted Matthias Grau Megan Cottingham Michael Flintoff Michelle Lehwald Michelle Zygmunt Mickey Fabbiano Mike Cigic Mike Donaldson Mike Easingwood Mike Skinner Mike Varga Mitchell Howden Mosab Ajina Nick Anderson Nick Matheson Nick Lesveque Nicole Setterlund Nikki D'Amato Nolan Pontes Patrick James Peter Smith Phil Sheasby Pierre Moore Prab Uppal Ranulph Cameron Reese Tierney Richard Lafreniere Richie McGrath Rob Scarr Rob Watson Rob Rooke Roberto Mineo Rocco Walsh Rorie Moir Ross Burden Russell Laforest Ryan Ishikawa Ryan Scheu Ryan Bifolchi Ryan Pidhirniak Ryan Steele Ryan Hipwell Ryan Tostenson Sampson McQuaid Sara Mikkelsen Scott MacDonald Scott Hendrickson Scott Turner Sean Bolan Sean Mercer Sean Simpson Sebastian Sevallo Sergio Mollica Shane MacKichan Shawn Dighton Shawn Klassen Shea Hobbis Sheriden Lawley Sov Sin Steph Drost Stuart Smith Stuart MacDonald Surbinder Bolina Taigan Allerton Talia Stovall Taryn Hartner Tavin Jackson Taylor Grubb Thomas Anstey Tim Lucas Tim Scarr Tobin Caddell Toby Watts Travis Wilkie Travis Hooper Travis Yarych Trent Bingley Tristan Pawlak Tristan Nelson Troy Globe Tyler MacDonald Tyson Smith Vanna Dufour Vincent Thom Wadah Nour Walter Pereira Zach Stenson

## Be Brave, Help Others

Vancouver Firefighter Charities is a registered charity. You can give to us by visiting our website at [www.VancouverFirefighters.ca](http://www.VancouverFirefighters.ca) or by scanning the QR code.

Our programs thrive because of your generosity; please consider giving to Vancouver Firefighter Charities.

CCRN# 86741 2132 RR0001



## Social Media

The best way to stay up to date on all VFC related activities and events is to follow us on Instagram!





THANK YOU FOR YOUR SUPPORT